**Start Date:**

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| --- | --- |
| **Pre-Internship Coursework** | **Must be completed prior to Start Date** |
| **Task** | **Resource/Notes** |
| PTC Intern Manual review | * Within “For Students” section at [www.ptcentral.org](https://ptcentral.org/)
 |
| Student Resource page review  | * Within “For Students” section at [www.ptcentral.org](https://ptcentral.org/), links to Physiopedia page which contains Student Itinerary with weekly goals and checklists
* Watch “About Physical Therapy Central” video
* Review Upper and Lower Quadrant Scan ppt
* Watch True Colors prezi and take quiz
* Watch “Evidence Based Patient Interaction”
 |
| **Week 1 –** Integrating Customer Service, Professionalism, & Communication into the Patient History  |  |
| View modules and articles within **Student Resource** page on Physiopedia | * Patient History Worksheet **(due by Day 3)**
* The Patient History and Patient Follow Up
* Four Habits Model for Initial Clinical Encounters
* Four Habits Evaluation Tool
* *(Optional) Doctor and Patient Communication Skills*
 |
| **Week 2 –** Clinical Reasoning  |  |
| View modules and articles within **Student Resource**  page on Physiopedia  | * Illness Scripts
* LBP Classification (Fritz, Cleland, Childs)
* LBP TBC (Stanton et al)
* LBP CPR (Rabin et al)
* *(Optional) Influence of Illness Scripts on Medical Decision Making (Schaik)*
 |
| Complete/review checklist items with CI | * Subjective Exam Checklist
 |
| **Week 3 –** Screening & Scanning |  |
| View Modules and articles within **Student Resource** page on Physiopedia | * Systems Review with Red and Yellow Flags
 |
| Complete/review checklist items with CI | * Cranial Nerve Exam Checklist
 |
| **Week 4 –** Examination & Evaluation |  |
| Complete/review checklist items with CI  | * Neuromuscular Screen Checklist
* Upper Quadrant Screen Checklist
* Lower Quadrant Screen Checklist
 |
| **Week 5 –** Diagnosis & Prognosis  |  |
| View Modules and articles within **Student Resource** page on Physiopedia | * Generating Clinical Hypotheses
* Regional Interdependence Model
* Illness Script List
 |
| **Week 6 -** Interventions |  |
| View Modules and articles within **Student Resource** page on Physiopedia | * Week 6 Instructions
* *(Optional) Additional Reference: Manual Therapy*
* *(Optional) Additional Reference: Mobilization*
 |
| Complete/review checklist items with CI | * Basic Manual Techniques Checklist
 |
| **Week 7 –** Outcome Assessment |  |
| View Modules and articles within **Student Resource** page on Physiopedia | * Functional Outcomes Assessment Checklist
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Summary Comments to trainee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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